

District 2-3A Track and Field Championships

Day 1

Tuesday April 3rd

Coaches Meeting

Pizza/Drinks

12:00

(Scratch & Replace/Implement weigh in) **Tulia weights area**

Field Events

	<u>LJ</u>	<u>TJ</u>	<u>PV</u>	<u>HJ</u>	<u>SP</u>	<u>Disc</u>
1:00	VG	JVB	JVG	VB	JVB	JVG
2:00	VB	VG	JVB	JVG	VB	VG
3:00	JVG	VB	VG	JVB	JVG	JVB
4:00	JVB	JVG	VB	VG	VG	VB

Running

1:30	3200 Meters	JVG – VG – JVB - VB	Finals
5:15	Announce medal winners for all divisions of the 3200 M run/after 1 st call		
5:30	Rolling Schedule		
	100 M Hurdles	JVG – VG	(Medals for all Long Jump)
	110 M Hurdles	JVB – VB	(Medals for Triple Jump)
	100 M Dash	JVG – VG – JVB – VB	(Medals for Pole Vault)
	400 M Dash	JVG – VG – JVB – VB	(Medals for High Jump)
	300 M Hurdles	JVG – VG – JVB – VB	(Medals for Shot Put)
	200 M Dash	JVG – VG – JVB – VB	(Medals for Discus)

Day 2

Wednesday April 4th

Running FINALS

4:00	4 X 100 M Relay	JVG – VG – JVB – VB	(Medals follow each final)
4:15	800 M Run	JVG – VG – JVB – VB	
4:30	100 M Hurdles	JVG – VG	
4:45	110 M Hurdles	JVB – VB	
5:00	100 M Dash	JVG – VG – JVB – VB	
5:15	800 M Relay	JVG – VG – JVB – VB	
5:30	400 M Dash	JVG – VG – JVB – VB	
5:45	300 M Hurdles	JVG – VG – JVB – VB	
6:00	200 M Dash	JVG – VG – JVB – VB	
6:15	1600 M Run	JVG – VG – JVB – VB	
6:45	1600 M Relay	JVG – VG – JVB – VB	
7:15	Trophy Presentations	JVG – JVB – VG – VB	